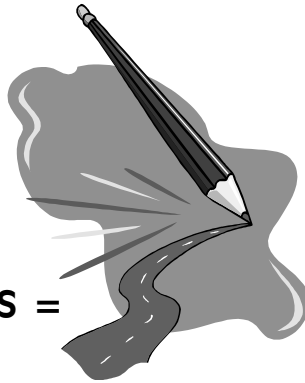


GET FOCUSED!

Y=YOU
O=ONLY
G=GET
O=OUT
W=WHAT
Y=YOU
P=PUT
I=IN



FOCUS =

The **YOGOWYPI** Factor!

F _____
O _____
C _____
U _____
S _____

Where is your focus, what's in your path, where are you going?
(On the billboard below make a statement about your life path)

Tools...What do we do with tools?

_____ 'em!



The **YOGOWYPI FACTOR!**



YOGOWYPI Rule #1:

It is better to _____ the _____ than
to get it for _____.

Because it is the
"Struggle that makes us _____!"

YOGOWYPI Rule #2:

You can choose to simply "get by".

The question is. . .

"Who wants to _____?"



GET FOCUSED!



YOGOWYPI Rule #3:
Listen as if...

"You can't have fun if you are not _____!"

In other words...YOGOWYPI Rule #4:

•Participation is the _____.

•We can not _____ participate...the question is how are you...

PLAYING?

WAYS TO PLAY...

1 } _____ 4 } _____ 7 } _____ OR **10** _____
2 } _____ 5 } _____ 8 } _____
3 } _____ 6 } _____ 9 } _____

Y=YOU CHOOSE



Y = You Choose Your APPROACH

Strategies to support you in Playing at Full Tilt

- 1. Show up for each session choosing a 10!
-100% Smile on face and love in heart!**
- 2. Stretch Yourself often!**
- 3. Think like a State Officer**
- 4. USE SLANT!**
- 5. Eat right, sleep right, but regardless we still need 100% every session all the time!**



GET FOCUSED!

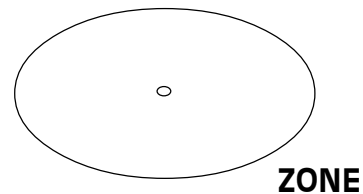
Y=You Choose

O=O zone

The **YOGOWYPI** Factor!

The O-zone

G _____ . THE
S _____ .
D _____ .



YOGOWYPI Rule #5: There is no stability!

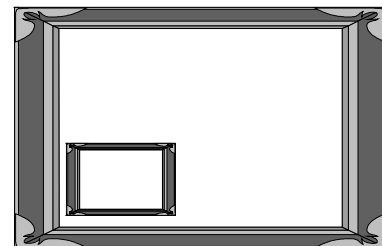
Growth happens when we expand our o-zone and choose to take positive _____. Taking positive risk means choosing to stretch ourselves toward a new desired outcome that will make us and everyone around us better.

• Big Picture vs Little Picture

Y=YOU CHOOSE

O=O zone

G=Great EFFORTS YIELD GREAT REWARDS



- PURPOSE: TO TEACH YOU HOW TO _____ !
- FAILURE IS NOT _____ .
- FAILURE IS NOT _____ .

YOGOWYPI Rule #6: The _____ comes every _____ .

- FAILURE IS _____ .
- FAILURE IS _____ .
- FEEDBACK IS THE _____ OF _____ .

YOGOWYPI Rule #7: Mistakes are _____ !

If we ask the one important question:
What did I _____ and then move forward.

Great Moments vs Wreckless Moments



GET FOCUSED!

Y=YOU CHOOSE
O=O ZONE
G=GREAT EFFORTS...GREAT REWARDS
O=O2 BE RESPONSIBLE



O2 BE RESPONSIBLE

MASTERY

FREEDOM

CHOICES

RESPONSIBILITY

SHAME

BLAME

JUSTIFY

DENY

QUIT

**BEGINS WITH...RESPONSIBILITY WHICH EQUALS
OUR _____ TO _____.**

YOGOWYPI Rule #8: Live above the line!

Y=YOU CHOOSE
O=O ZONE
G=GREAT EFFORTS...GREAT REWARDS
O=O2 BE RESPONSIBLE

W=WISDOM OF MISSION

NAVIGATION

POWER OF _____.

KNOW YOUR OUTCOME!



GET FOCUSED!

Y=YOU CHOOSE
O=O ZONE
G=GREAT EFFORTS...GREAT REWARDS
O=O2 BE RESPONSIBLE
W=WISDOM OF MISSION
Y=Y2 LEARN

The **YOGOWYPI**
Factor!

ID check #1



•Where the _____ goes the _____ flows!

**You are just so lucky...
What if it is not about luck, what if luck were learned?**

The strategies for creating luck every time...



The Beliefs of the "LUCKY"

- It is impossible to _____ less.
- If it is possible for others than it is possible for me.
- Limitations are for breaking through.
- Learning happens best if I can...
_____ and _____.
- Chunking is breaking the desired skill down into small _____.
- Modeling is making distinctions and following the behavioral patterns of the _____.



GET FOCUSED!

3 Parts to Modeling

- 1. _____
- 2. _____
- 3. _____

• We don't learn by trial and _____ but by trial and _____ . So mistakes are really... _____ !

 ID CHECK #2:

Accelerating the Learning Curve and the Road to Mastery!


- Eliminate personal judgement.
- _____ down, _____ up!

YOGOWYPI Rule #9: "That's Good". Means...
 "I look for the good _____ and
 in _____ !"

- It is our _____ not our _____ that determines our _____ !
- Learn to use language that empowers!

As an alternative to "can't" use...

Question? Have you ever been _____ on?
 Instead use... " _____ "
 " _____ "

 ID CHECK #3:





Y2 LEARN

The **YOGOWYPI**[™]
Factor!



GET FOCUSED!

Y=YOU CHOOSE

O=O ZONE

G=GREAT EFFORTS...GREAT REWARDS

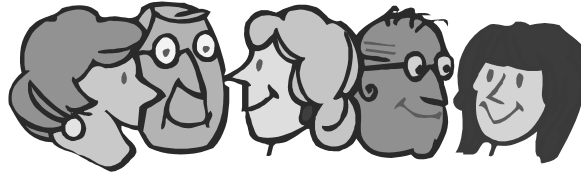
O=O2 BE RESPONSIBLE

W=WISDOM OF MISSION

Y=Y2 LEARN

P=PEOPLE ARE YOUR GREATEST RESOURCE

The **YOGOWYPI**[™]
Factor!



STRATEGIES FOR BUILDING A NETWORK

- UNDERSTAND COMMUNICATION
- LEARN TO BUILD YOUR NETWORK CONTINUOUSLY

YOGOWYPI Rule #10: IT IS NOT WHAT YOU KNOW, BUT WHO YOU KNOW BUT MORE IMPORTANTLY

WHO _____ YOU!

- LEARN SKILLS FOR CREATING CONVERSATION



W _____
 H _____
 E _____
 A _____
 T _____

- REMEMBER NAMES, BUT DON'T BE AFRAID TO ASK IF YOU FORGET.
- IF YOU REMEMBER SPECIFICS ABOUT OTHERS...THEY WILL NEVER _____ YOU.

YOU NEVER KNOW...

Y=YOU CHOOSE

O=O ZONE

G=GREAT EFFORTS...GREAT REWARDS

O=O2 BE RESPONSIBLE

W=WISDOM OF MISSION

P=PEOPLE ARE YOUR GREATEST RESOURCE

I=INTEGRATION

